Shut Up and Dance

Music: Walk the Moon Level: Easy Intermediate Sequence: ABCD ABCD AEDBA End Pop--129 BPM choreo: Sarah Dwight-Gilroy (2014) email: loudfeetdancer@gmail.com youtube: loudfeetdancer

Hold 8

A (32 counts)

| (8) | Mountain Vine | DS-DS(xf)-DS-DS(1/2 R)-DS-DS(xf)-RS-RS |
|-----|-----------------|---|
| (4) | Brush and Turn | DS-Br SI-DS-RS (1/2 L) |
| (4) | Jump Chug Basic | Jp-Chug-DS-RS |
| (8) | Dirty Cowboy | DS(xf)-SIr S(xf)-SIr S(xf)-Slug-DS-RS-RS-RS |
| (4) | Shake and Basic | DS/Tw(L)-Tw(r) Tw(L)-DS-RS |
| (4) | Jump Chug Basic | Jp-Chug-DS-RS |

B (16 counts)

(16) 4 Turkey Basics Dr HI-Sn St-DS-RS

C (32 counts)

| (4) | Flatland | DT(b) SI-Br SI-DS-RS |
|------|-----------------|--|
| (2) | Basic | DS-RS |
| (16) | 2 Arizona Vines | DS-DS(xf)-DS-DS/HlTch(L)-(p) Bo-St/HlTch(L) SI-DS-RS (<i>reverse to R</i>) |
| (2) | 2 Runs | DS |
| (8) | Samantha | DS-DS(xf)-Dr St(b)-Dr St(ots)-RS-DS-DS-RS |

D (16 counts)

| (4) | Triple Chug | DS-DS-DS-Chug (hold hands and move forward) |
|-----|--------------|---|
| (4) | Triple | DS-DS-DS-RS (hold hands and move back) |
| (4) | Triple Stamp | DS-DS-DS-Sta SI (hold hands) |
| (4) | Slur Vine | DS-Slur St-DS-RS (drop hands on basic) |

Repeat A (32 counts): Mountain Vine, Brush and Turn, Jump Chug Basic, Dirty Cowboy, Shake and Basic, Jump Chug Basic

Repeat B (8 counts): 2 Turkey Basics

Repeat C (32 counts): Flatland, Basic, 2 Arizona Vines, 2 Runs, Samantha

Repeat D (16 counts): Triple Chug forward, Triple back, Triple Stamp, Slur Vine

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Repeat A (32 counts): Mountain Vine, Brush and Turn, Jump Chug Basic, Dirty Cowboy, Shake and Basic, Jump Chug Basic

| E (40 counts) | | | | |
|---------------|----------------|--|--|--|
| (8) | Layover | DS-DS(xf)-(p) St(b)-St(ots) St(xf)-Chug-Chug-DS-RS | | |
| (24) | 3 Appalachians | DS-Dr Rk-St Dr-RS-DS-DS-DS-RS (3/4 R) | | |
| (8) | Scotty | DS-Dbl (xf) SI-Dbl(ux) SI-Tp Jp-(p) Sto-DS-DS-RS (3/4 R) | | |

Repeat D (32 counts): Triple Chug forward, Triple back, Triple Stamp, Slur Vine, Triple Chug forward, Triple back, Triple Stamp, Slur Vine

Repeat B (16 counts): 4 Turkey Basics

Repeat A (96 counts): Mountain Vine, Brush and Turn, Jump Chug Basic, Dirty Cowboy (1/4 L), Shake and Basic, Jump Chug Basic, REPEAT ALL TWICE MORE

End (8 counts)

(8) Scotty

(turn 3/4 R to front)