

Mas Que Nada

Artist: Sergio Mendez (featuring the Black Eyed Peas)
Album: Timeless (2006)
Universal, ASIN: B000FVHH9G

Level: Advanced

Choreography: Russell Knight
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Sequence: A—B—C—D—A—B—C—D—A—B—C—D—C—B—C—D—Br—A—½A—B—C.

Intro: Wait 32 (16 piano solo, 16 percussion)

Part A (32 beats) “*O aria rai o—ob, ob, ob...*”

Canadian Sequence¹

(8) Back, back, out... DS Dbl Hop S(b) Dbl Hop S(b) Dbl Hop Dbl Hop TS
L R L R L R L R L R L R
+a1 e+ a 2 e+ a 3 e+ a 4e & a5

Dbl Hop S(b) Dbl Hop S(b) Dbl Hop Dbl Hop TS
L R L R L R L R L R L
e+ a 6 e+ a 7 e+ a 8e + a9/1

(8) Out, over, Irish...

S Dbl R(ots) S Dbl R(xif) S Dbl Hop Tap(b) Hop Ba(xib) Ba(xif) Ba(xib)
L R R L R R L R L R L R L R
9/1 e+ a 2 e+ a 3 e+ a 4 e + a 5

Dbl R(ots) S Dbl R(xif) S Dbl Hop T(b) Hop Ba(xib) Ba(xif) Ba(xib)
L L R L L R L R L R L R L
e+ a 6 e+ a 7 e+ a 8 e + a 9/1

(8) Back, back, out...

(8) Out, over, Irish...

¹ Note: the entire 32-count Canadian sequence is a continuous pattern of 16th-note rhythm. The ending “step” of each set (count #9), therefore, is the beginning “step” in the next (count #1).

Part B (16 beats) “*Mas que nada...*”

(4) Gallop w/ Skuff

Ba(xib)	Hop(s)	TS(xib)	Hop(s)	TS(xib)	Sk	Hop	B(b)	Bnc(xib)
L	R	L	R	L	R	L	R	R
9/1	+	a2	+	a3	e	+	a	4

(2) 2 Basic Quads²

Hop	Dbl	Hop	Tch(b)	Hop	Dbl	Hop	Tch(b)
R	L	R	L	R	L	R	L
&	*a	*	1	&	*a	*	2

(2) Sonic

S	Dbl	S	Tch(f)	Sl/Lift
R	L	L	R	L/R
+	a3	e	+	4

(8) Three Nuns

	1 st nun (rock skuff)	2 nd nun (rock skuff)	3 rd nun (rock skuff skuff)	(pull-back)
<u>L</u>	S	Hop	Hop	S
<u>R</u>	R Sk	B(b)	R Sk	B(b)
	+1e	+ a	2	+3e
				+ a
				4
				+5e
				+ a
				6
				e
				+ a
				7
				e
				+ 8

Part C (16 beats)(16) 8 Samba Basics³ (in a box)

DS	Dbl	R	S(f)	(turn ¼L)	DS	Dbl	R	S(f)...
L	R	R	L		R	L	L	R
+a1	e+	a	2		+a3	e+	a	4...

Part D (16 beats)

(8) Patter Sequence

(patter)	(RR,LL)	(brush over and out)	(Greggory)
DS	HS	HS	HS
L	R	L	R
+a1	e+	a2	e+
		a3	e
		+	a4
		e	+
		a5	e
		+	a
		6	e
		+	a
		7	e
		+	8

(4) 2 Sway Basics

DS(xib)	R(ux)	S	DS(xib)	R(ux)	S
L	R	L	R	L	R
+a1	+	2	+a3	+	4

(4) Running Triple w/Stamp

DS	Dbl	S	Dbl	S	Dbl	S	Sta (Lift)
L	R	R	L	L	R	R	L
+a1	e+	a	2e	+	a3	e	+
							(4)

² The rhythm in this step features 32nd-note values.³ The Samba Basics may be done “straight,” or with Samba styling: contra-body position on the end of each basic (keep forward knee bent, pivot hips towards the forward foot).

Part A Canadian Sequence (back, back, out...)
Part B Gallop w/ Skuff, 2 Quads, Sonic, Three Nuns
Part C 8 Samba Basics
Part D Patter Sequence, 2 Sway Basics, Running Triple w/ Stamp
Part A Canadian Sequence (back, back, out...)
Part B Gallop w/ Skuff, 2 Quads, Sonic, Three Nuns
Part C 8 Samba Basics
Part D Patter Sequence, 2 Sway Basics, Running Triple w/ Stamp
Part C 8 Samba Basics
Part B Gallop w/ Skuff, 2 Quads, Sonic, Three Nuns
Part C 8 Samba Basics
Part D Patter Sequence, 2 Sway Basics, Running Triple w/ Stamp

Bridge (16 beats)

(16) 4 Beat Canadians (“3+2 Canadians”)

L	S	Hop	Hop	Hop	Dbl	Tch	Dbl(f)	B(b)	Dbl(f)	TS	Hop...
R	Dbl(f)	B(b)	Dbl(f)	TS	Hop	S	Hop	Hop	Hop	Dbl	Tch...
	1 e+ a	2 e +a	3 e+a	4 e +	5 e+ a	6 e +a	7 e+a	8 e +...			

Part A Canadian Sequence (back, back, out...) (start with “S,” not “DS”)
Part A (½) Canadian Sequence (back, back, out...)
Part B Gallop w/ Skuff, 2 Quads, Sonic, Three Nuns
Part C 8 Samba Basics

Mas Que Nada

(Short Sheet)

Intro: Wait 32

Part A (16) Canadian: Back, back, out...
 (16) Canadian: Out, over, Irish... 2x

Part B (4) Gallop w/ Skuff
 (2) 2 Basic Quads
 (2) Sonic
 (8) Three Nuns

Part C (16) 8 Samba Basics (in a box)

Part D (8) Patter Sequence
 (4) 2 Sway Basics
 (4) Running Triple w/Stamp

Part A, B, C, D

Part A, B, C, D

Part C, B

Part C, D

Bridge (16) 4 Beat Canadians ("3+2 Canadians")

Part A

Part A (½)

Part B, C