

Me and My Broken Heart

Rixton

choreography: Ian Enriquez
ian@barbarycoast.org

Advanced
wait 36, left foot lead

A:

(8) - Sweat Step 1/4L *see below*

²
 (8) - Supersonic 1/4L *see below*

B:

(8) Monkeyshines *see below*

(8) Bluenose *see below*

C:

(8) - Tappin' Heels *see below*

²
 (8) - Jeremy Jog *see below*

Bridge:

(4) Pony Jp TpBa-St SkSl-Jp TpBa-St SkSl

Repeat A, B, C

D:

(16) 2 Banshees *see below*

(16) 2 Jose Shuffles *see below*

(8) South Carolina *see below*

Repeat C

Advanced Breakdown

Sweat Step

L DS	HI St	HISt	Clap St	TpBa	TpBa	HI(1/4L)	
R	HIw	R	Sta Sto Clap	TpBa	TpBa	Ba(1/4L)	Sl
&a1	&	a 2	& a3	& 4	& 5 e&	a6	e& a7 & 8

Supersonic

L DS	DS	Tp St(b)	St	St	Tch	
R	DS	DS	Dr heel	St	St	DS(1/4L) Sl
&a1	e&a	2e&	a3e & 4	5	& 6 &	a7e & 8

Monkeyshines

L DS	Sl	Dr	Sl	Dr	St	Clk(Hls)	St	Clk(Hls)	DS	Sl	Slur
R	Dbl	Tch(ots)	Tch(ots)	St	Clk(Hls)	St	Clk(Hls)	St	Dbl	St(ots)	
&a1	& 2	& 3	& 4	e &	a 5	e	& a6e	&a 7	& 8		

Bluenose (Canadian Stamp)

L DS	Hp	Hp	Dbl	Hp	Hp	Hp	Hp	Dbl	Tch
R	Dbl	Dbl	TpBa	Dbl	Sta	Dbl	Dbl	TpBa	Hp
&a1	e& a	2e &	a3e &a	4 &	5 e&	a 6e &	a7 e&	a 8	

Tappin' Heels

L DS	St	St	St	HlSp	Jp	Sl	HlSp	R	
R	DBa(xf)	DBa(ots)	DBa(xf)	Jp	Sl	HlSp	Jp	Sl	HlSt
&a1	e&a 2	e&a 3	e&a 4	e &a 5	e &a 6	e &a 7	& a8		

Jeremy Jog

L DS	Hp	Sk	St	Hp	Ba	Brk	S	S	Hp	Tp	
R	Dbl	TpSt	Hp	Sk	Ba	R(xb)	R	Sk	Sp	S	Sl
&a1e	& a2	e &	3 e &	4 &	5 &	6 &	a 7	e &	a 8		

Banshee

L R(f)	Dbl	S(xb)	S	Hp	R(f)	Dbl	Dbl	TpSt	Tch
R	S	Hp	R(f)	Dbl	S(xb)	S	Hp	Hp	DS
& 1	e& a 2	& 3	e& a 4	& 5	e& a 6e	& a7	e&a 8		

Jose Shuffle

L DS	Hp	St	Tch	St	DS	Tch
R	Dbl	St	DS	DS	DS	Sl
&a1	e& a 2	3 e&a	4	5 e&a	6e& a7e	& 8

South Carolina

L DS	Tobr(xf)St	Hp	Hp	Sl	Jp	HlSt	St	Sk	
R	SpSt(xb)	Tobr(xf)Tobr(b)	ToSk	SpSt	DblDS	TpSt	St	Hp	
&a1	e& a 2	e &	a 3	e &	a4 &	a5e&	a6 e&	7 &	a 8